



## **Judith King**

Fifty-three-year-old mother of three adult children (boy, girl and boy that are now 30, 28 and 26) and grandmother of a six-year-old granddaughter and two-year-old grandson. My passion for music helps keep me mentally healthy. Singing is considered part of my ongoing therapy for my PTSD and Major Depression from my time in the US Navy. I learned to play guitar when I was very young and got my first Alvarez at age 14. I passed it along to my eldest son when he was 16 years old.

